



Our Recommendation for Coaching Support

Divorce is one of the most stressful times in a person's life. It is also one of the major life transitions you can go through in your life. Research ranks divorce at the same level as the death of a child or spouse or a complete change of career. Divorce is a major transition. It is a re-design of your life. We are committed to support you in having this transition be as much of a positive change as possible under the circumstances. We do this by providing solid legal representation and recommending key support services that we know will make a difference for you.

We have found over the years that people going through a divorce do much better overall when they get some coaching through the process. Coaching support during a divorce makes sense. It can be very helpful in a number of ways when you are looking at re-designing your life.

First, from the prospective of the legal matter, people that get some coaching tend to move through the divorce process faster and with fewer breakdowns in the negotiation process. In most cases, coaching support can lower the overall costs of your case because decision-making becomes easier and people tend to be less reactive to the circumstances.

The decisions that you make during your divorce process effects the rest of your life and the lives of any children involved. It is appropriate to get all the support you can to think through those decisions, both legally and emotionally, and look at the future scenarios your decisions will create.

Secondly, coaching support is much less expensive than legal fees. Often people really need to talk through issues that do not directly affect the legal outcome of their case but are key to coming to resolution on very important issues that surround the case. A qualified divorce coach will cost you much less and also support a good and expeditious outcome to your case.

There are a number of highly qualified coaches that we have referred our clients to in the past. These people have a great track record for really making a difference for our clients and supporting a good overall outcome in the case and in our client's lives.

Speak to your Attorney if you are interested in receiving a recommendation on finding a coach.

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